



invites you to join us at the

AMERICAN BEACH HEALTHY HEART FUN WALK

Saturday morning, February 3, 2024

Walk starts and ends at Franklintown Community Church 1415 Lewis Street on historic American Beach Registration opens: 8:30 AM Walk begins at 10:00 AM

Proceeds to be donated to the Friends of American Beach

Registration fee: \$15.00. T-Shirt is included. **Registrations received by January 20, 2024, are guaranteed a T-Shirt. Additional T-Shirts will be available morning of walk first-come, first serve. Checks should be made payable to: Friends of American Beach, PO Box 16552, Fernandina Beach, FL 32035. Please call 404-218-9064 for other payment arrangements or information.

One registration form is required per participant. Persons under age 18 must have permission of parent or guardian to participate.

REGISTRATION:								
NAME:							AGE:	
CONTACT INFORMATION: PHONE:				EMAIL:				
EMERGENCY CONTACT: NAME:				PHONE:				
Other health information or	ganize	ers should	d be aware of	:				
T-SHIRT SIZE (circle one): YC	HTUC	SMALL	MEDIUM	LARGE				
AC		SMALL			XLARGE	2XLARGE	3XLARGE	
WAIVER RELEASE: I hereby of American Beach Healthy Hea heirs and assigns, and my est agents and employees, from I hereby grant full permission which I may appear for any least	certify art Fur tate he any a n to us	the follo Walk on ereby wa nd all clai se my nar	wing: I am ph February 3. 2 ive and foreve ims or damag ne and likene	nysically fit 2024. As a er discharg es that ma ss as well a	result of my se the sponso y occur as a as any photo	participation ors, organizer result of my _l graphs and a	, I, on behalf of myself, my rs, affiliates, as well as their participation. Furthermore,	
PARTICIPANT NAME:				DATE:				
PARTICIPANT SIGNATURE:								
Parent signature if participan	nt is ur	nder 18 y	ears of age					